



COURSE CONTENT

Course: ECITB Confined Space High Risk

Course cost: £500.00 + Vat per-person

Course duration: 2 Days

Course aim: The course is designed to allow candidates to identify the potential

dangers which may be present in a high-risk environment and to enable the safe working in a high-risk environment using self-

contained breathing apparatus.

Pre-requisites: Candidates must be at least 18 years old and have appropriate fitness

to be able to participate in a practical activity. Candidates must be clean shaven to participate in breathing apparatus practical training. Candidates must have strong enough eye sight to read oxygen gauges through breathing apparatus without the use of spectacles. If any of

the above are an issue, please contact the course organiser.

Course content: Introduction to general Health and Safety legislation.

Confined space legislation.

Interpretation of a safe system of work. Permit to work system and tool box talks

Use of a gas monitor.

Use of P.P.E (personal protective equipment). Pre-use inspection of escape breathing apparatus.

Exit from a medium risk confined space using escape self-contained

breathing apparatus.

Entry/exit from a high risk confined space using, self-contained

breathing apparatus.

Course ratio: 6:1 Maximum

Period of certification: 3 years dependent on successful completion of a written and practical

assessment.