

COURSE CONTENT

Course:	Manual Handling
Course cost:	£100.00 + Vat per-person
Course duration:	½ Day
Course aim:	This manual handling course provides the necessary information and training for organizations to comply with the manual handling operations regulations.
Pre-requisites:	Candidates must be a minimum of 18 years old. The candidate must have a valid medical or undertake a short medical questionnaire.
Course content:	General health and safety legislation. Health and safety legislation specific to manual handling. Practical session to include: Lifting techniques. Loads and positioning. Transporting/moving of a load. 2 person lifting task. Route planning. Risk assessment.
Course ratio:	12:1 Maximum.
Period of certification:	3 years dependent on successful completion of a written and practical assessment.

Engineering Change